

Pontypridd Reverse 10 2003

#	Name	Club	Cat	Time
1	Nick Janvier	Brackla	M	55:27
2	Alan Wood	Brackla	M	56:29
3	Chris Meyler	Pontypridd Roadents	M	59:00
4	Peter Coles	U/A	MV40	60:23
5	Phil Adams	Neath Harriers	MV40	60:54
6	Paul Hovath	San Domenico	M	61:19
7	Colin Davies	Brecon Athletic	MV40	61:22
8	Ian Spilsbury	Penarth & Dinas	M	61:52
9	Clive Davies	Sospan Road Runners	M	61:53
10	Mike Chandler	Pontypridd Roadents	MV40	61:58
11	Melanie Ellis	Shaftesbury & Barnet	FV	62:23
12	Jeff Davies	U/A	MV40	62:52
13	Keith Powell	Cornelly Striders	MV40	63:07
14	Mike Starr	Cardiff Harlequins	M	63:09
15	Stephen Paterson	Pegasus	M	63:48
16	Andrew Thomas	Sospan Road Runners	M	64:26
17	Colin Day	Pontypridd Roadents	MV40	64:34
18	EM Roberts	David Lloyd Cardiff	M	65:20
19	Phil Meyler	Pontypridd Roadents	MV40	65:29
20	Edwin Evans	Welsh Masters AA	MV40	66:00
21	Richard Boon	Led Croupiers	MV40	66:10
22	Kevin Crew	Aberdare Roadies	MV40	66:25
23	Andrew Baker	Rhondda Valley	M	66:40
24	Michelle Greatrex	Gwent Police	F	66:56
25	Barrie Buckland	U/A	MV40	68:05
26	Adam Phillips	U/A	M	68:07
27	Paul Thomas	U/A	MV40	68:09
28	John Diffey	U/A	M	68:36
29	Cornelius Corcoran	Pontypridd Roadents	M	68:44
30	Fiona Davies	Bridgend	FV	68:47
31	Keith Thompson	U/A	MV40	69:11
32	Sam Moore	Llanelli AAC	MV40	69:13
33	Michael Davies	Led Croupiers	MV40	69:17
34	Neil Williams	U/A	MV40	69:36
35	Richard Sewell	U/A	MV40	69:43
36	Paul Cable	Taff Ely Tri	M	70:04
37	Antony Williams	U/A	M	70:18
38	Wendy Edwards	Led Croupiers	FV	70:33

39	Jeffery Davies	U/A	M	70:26
40	Paul Hay	Miskin Manor	MV40	70:27
41	Richard Bordero	U/A	M	70:57
42	Keith Paterson	Pegasus	MV40	71:13
43	David Perrett	U/A	MV40	71:24
44	Julie Scholey	Led Croupiers	FV	71:31
45	Mark Halliwell	Brackla	MV40	71:44
46	Paul Bowen	U/A	M	71:54
47	Edward Morgan	Taff Ely Tri	M	71:58
48	Stephen Morgan	U/A	M	72:01
49	Nigel Griffiths	Taff Ely Tri	MV40	72:05
50	Lee Davies	Rhondda Valley Runners	M	72:17
51	Stephen Black	U/A	MV40	72:44
52	Gary Clayton	U/A	M	72:47
53	Joanna Pritchard	Led Croupiers	F	72:52
53	Mark Unsworth	U/A	MV40	72:52
55	Chris Perrington	U/A	M	72:58
56	James Townhill	U/A	M	73:00
57	Leighton Davies	Brackla	M	73:05
58	Miles Brown	U/A	m	73:08
59	Jan Williams	Led Croupiers	FV	73:10
60	Jeff Jarvis	Club 69	MV40	73:12
61	Stephen Williams	Brackla	M	73:14
62	Peter Davies	U/A	MV40	73:23
63	Judi Bowsher	U/A	FV	73:26
64	David Townhill	U/A	M	73:27
65	Christian Adams	U/A	M	73:34
66	Kevin Gibbons	Rhondda Valley Runners	M	73:39
67	Lee Kendall	U/A	M	73:40
68	Stephen Cray	Penarth & Dinas	MV40	73:41
69	Vincent Oak	U/A	MV40	73:54
70	Steve Cummings	Cardiff Triathletes	MV40	73:58
71	Phillip White	U/A	M	74:02
72	Ken Medcraft	Rhondda Valley Runners	MV40	74:07
73	John Carroll	U/A	M	74:12
74	Neil Hendry	Penarth & Dinas	MV40	74:12
75	Mike Woods	U/A	M	74:27
76	Denis Murphy	Led Croupiers	MV40	74:36
77	Robert Harrhy	U/A	MV40	74:38
78	Aiden Chamberlain	U/A	M	74:47
79	Steve New	Gwent Police	M	74:52

80	John Carpanini	U/A	M	74:52
81	Christopher Bradshaw	U/A	M	75:03
82	Christopher Reynolds	U/A	M	75:22
83	Mathew Witherstone	U/A	M	75:38
84	Rhian Evans	Rhondda Valley Runners	FV	76:05
85	Neil Williams	U/A	M	76:13
86	Tim Davies	Fontygari Tri	M	76:30
87	Martin Buck	U/A	M	76:36
88	David Stephens	U/A	MV40	76:48
89	Shan Jones	U/A	FV	76:56
90	Chris Williams	U/A	M	77:14
91	Kieron Scott	U/A	M	77:20
92	Frances Williams	Led Croupiers	FV	77:22
93	Jason Darkins	U/A	M	77:36
94	Peter Davies	U/A	M	77:43
95	Royston Toon	Chepstow Harriers	MV40	77:45
96	Michael Chappelle	U/A	MV40	77:53
97	Colin Riley	U/A	M	78:20
98	Raymond James	U/A	MV40	78:22
99	Neil Crosby	Rhondda Valley	M	78:25
100	Stuart Griffiths	Llanelli Tri	M	78:34
101	Tudor Davies	U/A	MV40	78:37
102	Mandy Jones	Islwyn	FV	78:34
103	Stephen Jones	Islwyn	MV40	78:37
104	Gary Morris	Merthyr Harriers	MV40	78:44
105	Peter Malkin	U/A	MV40	78:44
106	Chris Cann	Rhondda Valley	MV40	79:09
107	Vernon McCarthy	Rhondda Valley	MV40	79:23
108	Mie Lister	Led Croupiers	MV40	79:38
109	Sarah Swaysland	U/A	F	79:53
110	Elizabeth Hafton	U/A	F	80:05
111	Robert Hector	U/A	M	80:08
112	Christina Rossitter	Led Croupiers	FV	80:28
113	Paul Rees	U/A	M	81:49
114	Gwyn Jones		MV40	82:47
115	Carys Davies	U/A	F	82:47
116	Tudor Jones	U/A	MV40	83:09
117	Ian Henton	U/A	M	83:22
118	Richard Nash	Taff Ely Tri	M	83:23
119	Jeff Waite	U/A	M	83:47
120	Michael Williams	U/A	M	84:00

121 John Mullis	Tipton Harriers	MV40 84:04
122 Alan Haycox	Led Croupiers	MV40 84:07
123 Tom Davies	U/A	M 84:29
124 Clare Sinkinson	U/A	F 84:31
125 Stephen Hunt	U/A	MV40 84:32
126 Steve Gregory	U/A	M 85:12
127 Ros Edmonds	U/A	FV 85:17
128 Paul Shepperd	U/A	MV40 85:20
129 Christopher Williams	Road Runner Club	MV40 85:29
130 Allan Smith	3M Gorseinion	MV40 85:44
131 Andrea Collins	U/A	F 87:21
132 Stephen Williams	Led Croupiers	MV40 87:48
133 Max Morris	3M Gorseinion	MV40 88:31
134 Barry Dare	U/A	MV40 88:40
135 Martin Neville	U/A	MV40 88:45
136 Kevin Richards	U/A	M 89:30
137 Steve Westhead	U/A	M 89:32
138 Wendy Cummings	U/A	FV 89:33
139 Geoff Wright	Led Croupiers	MV40 89:47
140 Stella Tippetts	U/A	FV 89:57
141 Gary Tippetts	U/A	MV40 89:57
142 Rachel Elden	U/A	F 90:26
143 Peter Clark	U/A	MV40 90:32
144 Kathryn Scott	U/A	F 90:40
145 Alan Harper	U/A	MV40 90:45
146 Helga Warren	U/A	FV 90:50
147 Paul O'Neil	U/A	MV40 90:51
148 Mark Pearce	U/A	MV40 90:55
149 Nicholas Wells	U/A	M 92:25
150 Phillip Barrett	U/A	MV40 92:41
151 Aranka Pratt	U/A	FV 93:12
152 Kate Buck	U/A	FV 93:21
153 Ruth Davies	U/A	FV 93:21
154 Lorna Toon	Chepstow Harriers	FV 93:27
155 Robert Ford	U/A	MV40 95:06
156 Tony Dorsett	Led Croupiers	MV40 96:02
157 Craig Harper	U/A	M 96:49